

# **EHS Fact Sheet**

## Platform Ladder

#### What is a Platform Ladder

- Platform ladder is a self-supporting portable ladder that is non-adjustable in length, with a platform provided at the highest intended standing level.
- 2. The top platform is surrounded on three sides by a railing that is at least 20 inches higher than the platform surface.
- Platform ladders range in size from 2 ft. to 18 ft. in length as measured from the bottom along the side rail to the top of the platform.
- The maximum work height is established by adding the user's height and reach to the highest standing level of the platform ladder.

#### **Ladder Maintenance**

- Clean the climbing and gripping surfaces if they have been subjected to oil, grease or slippery materials.
- 2. Ladders should be maintained in good condition.
- If a ladder tips over, it must be inspected for damage (bends or dents, loose rivets or joints, etc.).
- 4. Periodically lubricate the spreader bars.
- 5. Ladders should not be painted because this could obscure essential safety issues.

EHS can assist with ladder training and provide example ladder checklists.

#### **Platform Ladder Accidents**

- 1. Improper or unstable base.
- 2. Overloading, not knowing the load rating for the ladder.
- 3. Not using three points of contact while climbing the ladder.
- 4. Reaching out too far from the side of the ladder causing the ladder to tip.
- 5. Carrying too many objects by hand while climbing ladder.
- 6. Not wearing appropriate type of foot wear.

### **Using Platform Ladder**

- 1. Face the ladder when going up or down or when working from it.
- 2. Platform Ladder requires level ground support for all four of its side rails.
- Platform Ladder must not be used unless its base is fully open and the spreader bars, locked.
- 4. Inspect ladders before using them for cracks, loose rivets, damaged steps.
- 5. Is the platform ladder tall enough for you to reach safely?
- 6. Never overload platform ladders.
- 7. Anti-slip feet at the bottom of the Platform Ladder side rails must be present and in good condition prior to using the ladder.
- 8. Never be placed upon other objects such as boxes, barrels, scaffolds, or other unstable bases in an effort to obtain additional height.
- 9. Materials should not be stored on the steps

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