

# BACKOVER INJURIES

## Always Know the Back-Up Plan



TO PREVENT BACKOVER INJURIES AND DEATHS,  
KEEP THESE GUIDELINES IN MIND:

Wear appropriate high-visibility personal protective equipment



Know the blind spots of vehicles and equipment you work near

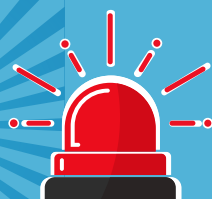
Never approach equipment or vehicles without a clear signal from the operator



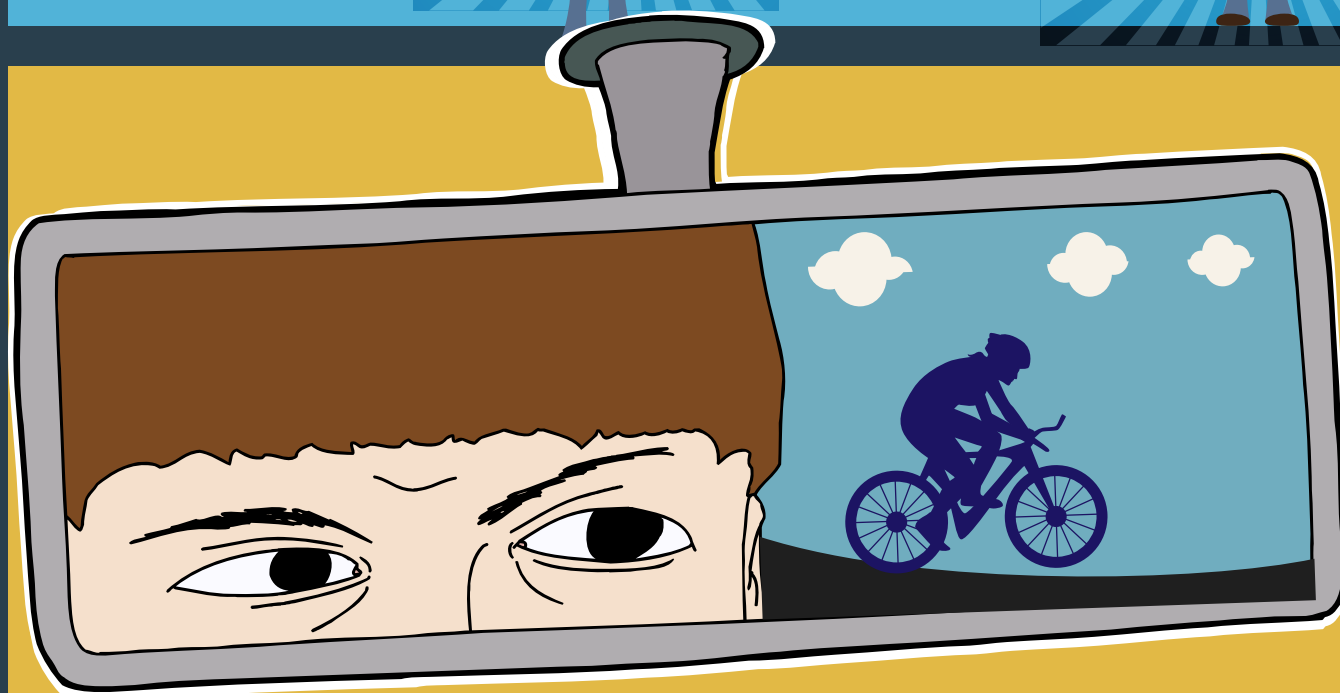
Avoid areas where vehicles and equipment travel



Stay alert for the sound of reversing alarms



Avoid complacency – always be aware of your surroundings



**Over 70 people died from backover injuries in 2011.<sup>1</sup>**



1. Preventing Backovers: <https://www.osha.gov/doc/topics/backover/>

*Proud Member*